



Şeyh Muhammed Mehmet Adil El- Hakkani Hazretlerine Ait Risaleler

STRUGGLE AGAINST THE EGO

As-Salāmu ‘alaykum wa raḥmatu Llābi.

A‘ūdhu biLlāhi mina sh-shayṭāni r-rajim.

Waş-şalātu wa s-Salāmu ‘alā Rasūlinā Muḥammadin Sayyidi l-anwalin wa l-ākhirin.

Madad yā Rasūla Llāh, madad yā Sādāti Aşḥābi Rasūli Llāh, madad yā Mashāyikhinā, dastūr yā Shaykh ‘Abdu Llāh al-Fā’iz ad-Dāghistāni, Shaykh Muḥammad Nāzim al-Ḥaqqāni. Madad.

Ṭariqatunā ş-şuḥbah wa l-khayru fi l-jam’iyyah.

These are holy days. May Allah let us benefit from their abundance, insha’Allah. Allah ‘azza wa jalla wishes goodness of people; Satan wishes evil for them. Allah calls them for good; Satan calls them for evil. Most of them are prone towards evil; they go to evil. They go towards whichever kind of bad there is. Why is that? Because there is ego.

Ego loves the bad, inclines towards it. Wherever there is evil, ego goes in its direction. Most people ask, ”Why do they not come to our path?” They do not come because your path is the path of truth, therefore Satan forbids them. Ego forbids. Ego does not like it. But wherever the bad is, they incline towards it. They do not forbid you to go towards evil—instead they say go there! Therefore, ego needs to be trained. Ego should not be given what it wants. If you set it free, ego takes you towards evil always.

وَنَفْسٍ وَمَا سَوَّاهَا

“*Wa nafsīn wa mā sawwāhā*” (Qur’ān 91:7). Allah Almighty ‘azza wa jalla says, “Train your ego.” Allah created the ego (*nafs*), showed it what is good and what is bad.

قَدْ أَفْلَحَ مَنْ زَكَّاهَا

“*Qad aflaha man zakkāhā*” (Qur’ān 91:9). “Whoever cleanses it, trains it, is the one who gains.”

وَقَدْ خَابَ مَنْ دَسَّاهَا

“*Wa qad khaba man dassāhā*” (Qur’ān 91:10) “Whoever follows it is a loser.” His end would not be good. Therefore may Allah protect us. You will not leave the ego alone, continually you will train it. You will not think it is trained so now you could let it free. You will fight against it continually.



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May Allah give strength to all of us. Let us not submit to our ego. It is such a strong thing. It attracts. Do not let ego breathe. May Allah protect us. May Allah protect us from the evil of our ego, insha'Allah.

*Wa min Allāhi t-tanfiq,
al-Fātḥah*

*Şuḥbah of Shaykh Muḥammad Mehmet 'Adil
Dated 08 August 2018 / 26 Dhū-l-Qa'dah 1439
Akbaba Dergah, Morning Prayer*