

## Şeyh Muhammed Mehmet Adil El Kıbrıs-i Hazretleri'ne (k.s.) Ait Risaleler

## DO NOT SHOW THE FORBIDDEN (HARAM) AS PERMISSIBLE (HALAL)

Assalamu Alaykum wa Rahmatullah wa Barakatuh, Auzu Billahi Minashaytanir Rajeem. Bismillahir Rahmanir Raheem, Wassalatu Wassalamu ala Rasulina Muhammadin Sayyidul Awwalin wal Akhirin, Madad Ya Rasulallah, Madad Ya As'habi Rasulillah, Madad Ya Mashayikhina, Sheykh Abdullah Daghestani, Sheykh Nazim al-Haqqani. Dastur. Tariqatunas sohba, wal khayru fil jamiyya.

Allah (JJ) says, "O people! Do not show the forbidden (haram) as permissible (halal)." Eat of what halal Allah has given. Halal is halal and haram is haram. You will have committed a sin if you call a haram halal according to your own head. You can benefit from the favors given by Allah as long as they are halal.

Allah (JJ) likes His favors being evident on His servant. If Allah has treated you, do not hide it. You may benefit from it. You can thank Allah. Allah (JJ) increases as you are thankful. You can use it comfortably if Allah has provided, but not by burrowing here and there and wasting. It is not haram, it is not a sin, on the contrary it is a good deed.

Some people think it is a sin according to Sufism. No, it is not a sin. If you are to become a Sufi, fix your own actions and attitudes first. Do not be interested in this or that person's possessions as a Sufi. People might be deceived by your Sufi appearance and trust in you. Do not betray their trust. You are not to have a bad course of action as that is the sin. It is not a sin to use the favors Allah has provided. As we said, what is more important than our appearance is cleaning our inside.

Allah Azza wa Jalla says "Eat and drink of my favors but do not waste." Shaykh Mawlana also used to say, "Eat." However, when you eat do not eat to fill your stomach. The Hadith Sharif says not to fill the stomach. Get up before filling your stomach. We become full and then eat one more time. One of our ikhwan (brothers and sisters) relates: a father and his son were at an invitation. The man said he was full. While insisting, "Take this and that," he said he was full up to here (showing his throat). Then dessert arrived, and they said, "Here you are." When his son said, "Dessert has already been served," his father said he counted fourty morsels above here (pointing to his throat).



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People also show greed, and it is not good either. Chew well and taste. Eat two pieces instead of a kilogram, but eat like a human while tasting that delicious food. Every food has a different taste. It would be good to eat your fill without going extreme. That is also a blessing of Allah. Allah gave you a blessing, but do not eat as much as ten people. Everything has a limit and boundary. Neither go extreme, nor decrease completely. The middle way is the best. Benefit from the favors Allah has given. Be thankful to Allah. Allah increases then.

Wa Minallah at-Tawfeeq. Al-Fatiha.

> Shaykh Muhammad Mehmet Adil 18 May 2015, Akbaba Dargah, Sabah Namaz