



Sofbats by
Hadrat Shaykh Muhammad Mehmet Adil al-Hakkani

TO LAMENT

As-Salāmu ‘alaykum wa raḥmatu Llāhi.

A‘ūdhu biLlāhi mina sh-shayṭāni r-rajīm.

Waṣ-ṣalātu wa s-Salāmu ‘alā Rasūlinā Muḥammadin Sayyidi l-awwalīn wa l-āakhirīn.

Madad yā Rasūla Llāh, madad yā Sādāti Aṣḥābi Rasūli Llāh, madad yā Mashāyikhinā,

dastūr yā Shaykh ‘Abdu Llāh al-Fā’iz ad-Dāghistānī, Shaykh Muḥammad Nāẓim al-

Ḥaqqānī. Madad.

Ṭarīqatunā ṣ-ṣuḥbah wa l-khayru fi l-jam‘iyyah.

A man sometimes regrets missing so-called opportunities, bewails. They lament, “If I had done this thing in such way when I were young, I would have made more money. If I had bought this thing, it would have turned out this or that way...” They lament, “If I had gone this place or that place, things would have been different...” Most people spend their life in lamentation. There is no use bewailing, for it causes sadness. You did not do it; it did not work out for you—lamenting it will not bring it back.

If one laments, let it be in repentance for doing bad doings, sins that are committed in the past, which [is something that] Allah forgives, [and is] beneficial for the person. However, if you have regret for worldly purposes, suffering increases, as do problems. Some weak ones even fall sick. The suffering causes their body to fall ill. The person missed opportunities, and thereafter he loses his health also.

No need to lament for this world; it is too late. If you were to bewail, as we said, do so for passed sins, evil doings—repent to Allah! Allah will erase them all, [and] turn them into goodness. It is from the grace of Allah. His mercy is always open. He forgives always. Therefore, if we bewail, we should do so for our bad doings. Regret and ask for forgiveness. May Allah forgive us all.

Wa min Allāhi t-tanfiq,

al-Fāṭḥah

Ṣuḥbah of Shaykh Muḥammad Mehmet ‘Adil



Dated 11 December 2018 / 04 Rabī'u 'l-Akhir 1440

Akbaba Dergah, Morning Prayer

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