



Sofbats by
Hadrat Shaykh Muhammad Mehmet Adil al-Hakkani

RESPECTING WHAT GOD PROVIDES

As-Salāmu ‘alaykum wa raḥmatu Llāhi.

A‘ūdhu biLlāhi mina sh-shayṭāni r-rajīm.

Waṣ-ṣalātu wa s-Salāmu ‘alā Rasūlinā Muḥammadin Sayyidi l-awwalīn wa l-āakhirīn.

*Madad yā Rasūla Llāh, madad yā Sādāti Aṣḥābi Rasūli Llāh, madad yā Mashāyikhinā,
dastūr yā Shaykh ‘Abdu Llāh al-Fā’iz ad-Dāghistānī, Shaykh Muḥammad Nāẓim al-*

Ḥaqqānī. Madad.

Ṭarīqatunā ṣ-ṣuḥbah wa l-khayru fi l-jam‘iyyah.

Respecting God’s provision (*nīma*), taking care care of it, is the order of our Prophet (SAW), the order of Allah. God’s provision cannot be always found, [so] when we are given it, we must protect it, respect it, be careful about it. Now, wasting has reached its pinnacle. They buy everything, they use everything, or they even trash things before they are used. Half what they [buy to] eat goes into bins.

Common people are not aware of the religion, but those who are in the religion of Islam, those who are in Tariqa, should be very careful. They should be careful about how our Prophet (SAW) ate, how he showed respect for the provisions of Allah, how he took care of them—[this] is what we should be careful about. They fill their plates, do not eat all of it, and put the rest in the trash. One must take [only] as much as one will eat. Take a little bit, if you are still hungry, you may take more. Later you decide not to eat, and the rest goes in the trash. This is a shame, a sin! How many angels worked until that food formed! Allah sent rain, [and] with each drop of rain Allah sends down an angel.

These things do not come to existence by themselves—do not believe what the non-believers say! In everything Allah sends an angel to serve, so that the provision (*nīma*) can exist. Respect is necessary. What you don’t eat, put aside. Let’s say you have shown greed, taken more than you need. You filled your plate, you took a bite, and put the rest in the trash—no, this is not right! You couldn’t eat it, could not give to anyone else? You must leave it on the side, give it to the animals. Leave it in some corner. There are a lot of animals on the streets. There are dogs, cats, a lot of animals. Trashing the provision in a bin will bring you poverty. Later, “Why did this happen to me?” you question. This way poverty and evil come to you.

This is another thing people do not know, later they often complain. “Oh! I feel sick,” this or that. They think certainly someone must have done something over them. The exorcist says, “Oh! There is black magic upon you. There is a jinn in you.” This is stereotypical now. They do not think about the fact that when one does not respect God’s provision (*nî ma*), disrespects the provision, these things happen to them. No, this is not right; all these things are linked together. Those deceivers whom they are used to

hearing from, do not say anything other than this. [But] watch out! Respect the provisions (*nî ma*)! You must thank Allah for the provisions, so that they will multiply.

*Wa min Allāhi t-tanfīq,
al-Fātḥah*

Şuḥbah of Shaykh Muḥammad Mehmet ‘Adil
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