



Sofibats by
Hadrat Shaykh Muhammad Mehmet Adil al-Hakkani

THE WISDOM OF SALAT

As-Salāmu ‘alaykum wa rahmatu Llāhi.

A‘ūdhu biLlāhi mina sh-shayṭāni r-rajīm.

Waṣ-ṣalātu wa s-salāmu ‘alā Rasūlinā Muḥammadin Sayyidi l-awwalīn wa l-āakhirīn.
Madad yā Rasūla Llāh, madad yā Sādāti Aṣḥābi Rasūli Llāh, madad yā Mashāyikhinā,
dastūr yā Shaykh ‘Abdu Llāh al-Fā’iz ad-Dāghistānī, Shaykh Muḥammad Nāẓim al-
Ḥaqqānī. Madad.

Ṭarīqatunā ṣ-ṣuḥbah wa l-khayru fi l-jam‘iyyah.

A‘ūdhu biLlāhi mina sh-shayṭāni r-rajīm. Bismi Llāhi r-Raḥmāni r-Raḥīm.

إِنَّ الصَّلَاةَ تَنْهَى عَنِ الْفَحْشَاءِ وَالْمُنْكَرِ وَلَذِكْرُ اللَّهِ أَكْبَرُ

“Inna ṣ-ṣalāta tanhā ‘ani l-faḥshā’i wa l-munkari wa ladhikru Llāhi akbar.” (Qur’ān 29:45)

Prayer is important, it is a pillar of the religion. The benefits of salat are uncountable. Let us not neglect it by laziness. A person certainly should perform his daily salat, if he calls himself a Muslim, and if not praying, he should be ashamed of himself.

Salat is greater than any other thing, better than any other affair, and virtuous. “Salat restrains evil,” says the ayat, meaning that it forbids from *munkar*, evil doings. It conduces to goodness. Salat is important. Those who do not know how to perform [salat] should learn it gradually. Even if they are incapable of performing it all of it, they can start doing it gradually by praying two rakats. Later they can increase it to four, and then they can perform the required daily prayers. They should perform as much as they are capable of; no days should pass without performing Salah. Shaykh Efendi (QAS), used to say, “Without salat, no matter how great a wali might be, his prayers would not be accepted.” If a person is asking for dua, he certainly should do [his salat]. Even if it is [just] one time a day, he must perform salat.

As we said, the benefits of salat are uncountable. Salat is salvation, blessing, contentment. May Allah give people guidance. May they be victorious over their desires. Because people may run around all day, [and] not think they are tired, [but] when it comes

to salat, it seems to be very burdensome to their nafs, [so much so] that putting a mountain on their ego seems lighter. This is why salat is another chance to be victorious

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over the ego. May Allah give us all easiness. For those who do not do [salat], may Allah make it easier for them, so that they perform salat, insha'Allah.

*Wa min Allahi t-tanfiq,
al-Fāṭḥah*

Ṣuḥbah of Shaykh Muḥammad Mehmet 'Adil
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