



Sofbats by
Hadrat Shaykh Muhammad Mehmet Adil al-Hakkani

THE SUFI PATH

As-Salāmu ‘alaykum wa raḥmatu Llāhi.

A‘ūdhu biLlāhi mina sh-shayṭāni r-rajīm.

Waṣ-ṣalātu wa s-Salāmu ‘alā Rasūlinā Muḥammadin Sayyidi l-awwalīn wa l-ākhirīn.

Madad yā Rasūla Llāh, madad yā Sādāti Aṣḥābi Rasūli Llāh, madad yā Mashāyikhinā,

dastūr yā Shaykh ‘Abdu Llāh al-Fā‘iz ad-Dāghistānī, Shaykh Muḥammad Nāzim al-

Ḥaqqānī. Madad.

Ṭarīqatunā ṣ-ṣuḥbah wa l-khayru fi l-jam‘iyyah.

Nothing is like the path of Sufism; it is to train one’s ego. The Sufi Path is to cleanse one from the uncleanness of this world. It is called the path of purification (*taṣkiya*). Sufism is, therefore, the path of those who have reached maturity on the path of the religion. This is the path of the Prophet (SAW).

It is not easy. Sometimes people wish to hear beautiful words; they love being praised. They are extremely happy when they are praised. If they hear a bad word, they get upset and answer back, they fight; they say in complaint, “This is how I was...” This is not in Sufism. The two should be the same. It should not be unbearable to his ego. How? You will not be joyous, when you are praised. The Prophet (SAW) says, “Take a palm full of soil from the ground, spread it on the face of the one who praised you, so that he does not praise you again.” Do not get angry with the one who says bad about you or get upset. You need to know this is for your ego training. This is what Sufism is.

They treated Sayyiduna Bayazıt al-Bastami so badly that sometimes they would throw him for dead. He, on the other hand, used to ask for their forgiveness and say against what they did, “They would have killed me, if they had known it would earn so much good.” This is good for normal people, but for people on the Sufi path they should be indifferent as to whether they are loved or cursed. May Allah cause our ego to be trained. Only we know our own state. May Allah not dishonor us, insha’Allah.

Wa min Allābi t-tawfiq,

al-Fātḥah

Ṣuḥbah of Shaykh Muḥammad Mehmet ‘Adil



Dated 21 January 2019 / 15 Jumādā' l-Ulā 1440

Akbaba Dergah, Morning Prayer

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