



Sofbats by
Hadrat Shaykh Muhammad Mehmet Adil al-Hakkani

HEALING IS FROM ALLAH

As-Salāmu ‘alaykum wa raḥmatu Llāhi.

A‘ūdhu biLlāhi mina sh-shayṭāni r-rajīm.

Waṣ-ṣalātu wa s-Salāmu ‘alā Rasūlinā Muḥammadin Sayyidi l-awwalīn wa l-ākhirīn.

Madad yā Rasūla Llāh, madad yā Sādāti Aṣḥābi Rasūli Llāh, madad yā Mashāyikhinā,

dastūr yā Shaykh ‘Abdu Llāh al-Fā‘iz ad-Dāghistānī, Shaykh Muḥammad Nāẓim al-

Ḥaqqānī. Madad.

Ṭarīqatunā ṣ-ṣuḥbah wa l-khayru fi l-jam‘iyyah.

These are the End Days. Everything has degenerated. The state of everything is confused. The number of illnesses have also increased; there are a lot of illnesses which are not known. Doctors prescribe medication, and people say, “The medicines do not help.” This is because when Allah wants you to become ill. When you put your trust in medicine instead of Allah, then you might not be cured with that medicine. You ought to say, “May Allah give the secret of healing to this medicine.” You should entreat Allah that it become a healing for you.

Otherwise, as we see now, they can give medicine upon medicine, [yet] no healing takes place. They try this one then another, they turn the patient into a guinea pig and say, “This worked; this did not work...” In fact, they should have said it with basmala [knowing] that the healing is not in this, but in Allah, [and that] this is just a mean—and then take the medicine. They also should not get themselves used to these pills. Some people take these pills like dried fruits and nuts, [and then] later when they really need them, they do not work, because their system has become immune to these pills.

The other important thing beside this is giving charity. In the giving of charity is healing. The Prophet (SAW) said, “Charity is a healing against illnesses. It increases life span, [and] repels accidents and curses.” People pay a lot of money when it comes to medication, doctor fees, yet they do not give charity. This is something strange: people do not want to give towards goodness, [but] instead they spend on things that have no good in them.

Allah attached meaning to everything. Everything has its own way of behaving, its own adab. When Allah does not inspire the doctor, mostly he does the wrong thing. The doctor may cause another illness, while the patient is normally alright. This brings another problem and suffering. May Allah protect us. May Allah heal people, insha’Allah.

Wa min Allahi t-tawfiq,

al-Fatahab



Sofbats by
Subhan of Shaykh Muhammad Mehmet Adil
Hadrat Shaykh Muhammad Mehmet Adil al-Hakkani
Dated 24 January 2019 / 18 Jumada-ul-Ula 1440

Akbaba Dergah, Morning Prayer