



**Sofbats by**  
**Hadrat Shaykh Muhammad Mehmet Adil al-Hakkani**

**AVOID FILTHINESS**

*As-Salāmu ‘alaykum wa raḥmatu Llāhi.*

*A‘ūdhu biLlāhi mina sh-shayṭāni r-rajīm.*

*Waṣ-ṣalātu wa s-Salāmu ‘alā Rasūlinā Muḥammadin Sayyidi l-awwalīn wa l-āakhirīn.*

*Madad yā Rasūla Llāh, madad yā Sādāti Aṣḥābi Rasūli Llāh, madad yā Mashāyikhinā, dastūr yā Shaykh ‘Abdu Llāh al-Fā’iz ad-Dāghistānī, Shaykh Muḥammad Nāẓim al-*

*Ḥaqqānī. Madad.*

*Ṭarīqatunā ṣ-ṣuḥbah wa l-khayru fi l-jam‘iyyah.*

The Prophet (SAW) advises:

**واجتنبوا الخبائث**

“*Wa-jtanibū ‘l-khabā’ith!*” *Khabā’ith* is a term that covers all bad, dirty, filthy, najas— all comes under this term *khabā’ith*. Our religion is purity, cleanliness. It asks us to keep away from this filth—filth in both physical and spiritual senses of the term. Spiritual filth are the sins. Keep away from them. You must keep away from all filth, dirt. What type of things? Alcohol, then cigarettes are amongst them.

People do not give importance to not smoking, however once one is used to it, it has a lot of badness. It is a thing which has no use at all, and is the cause of many illnesses. They are not able count its harms on health. They say it has five hundred, or another says five thousand or millions of harms. No one has come out to say one good purpose it serves. They say things about alcohol—it may have one thing good about it out of a thousand harms. Its good is no good. Cigarettes are worse than alcohol, yet Muslims do not call it a sin. Some call it disliked/hated (*makruh*); others do not even call it *makruh*.

In fact, it is bad in all ways, [and] even if it had no harm or good, it is [still] a waste. Uselessly, when a poor man is addict, he pays more for cigarettes than he pays for his daily bread. He wastes his children’s, his family’s, provision on cigarettes but still will not give them up. In Islam, Allah ‘azza wa jalla says, “Keep away from these bad things!” This is an order of Islam. Whatever other bad things there are, keep away from all. It is all forbidden, every form of harm, in Islam—harming people, animals, environment,



neighbors, every kind. Let alone dirtying the environment, Islam rewards cleaning the streets and removing dirty things from paths, and counts these actions as charity.

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Allah ‘azza wa jalla has given us such a beautiful religion. Though on the contrary people are running after all these forms of filth, our religion is recommending beauty, goodness. There is no need for other organizations—Greens or Reds, this or that, no need for any of them. They are rather themselves real causes of filth. May Allah guide them, have them come to this beautiful path, insha’Allah.

*Wa min Allāhi t-tanfiq,*

*al-Fātḥah*

**Şuḥbah of Shaykh Muḥammad Mehmet ‘Adil**

*Dated 25 January 2019 / 19 Jumādā’-l-Ūlā 1440*

**Akbaba Dergah, Morning Prayer**