



Şeyh Muhammed Mehmet Adil El Kibris-i Hazretleri'ne (k.s.) Ait Risaleler

HIJAMAT

*Assalamu Alaykum wa Rahmatullah wa Barakatuh,
Anzu Billahi Minashaytanir Rajeem. Bismillahir Rahmanir Rabeem,
Wassalatu Wassalamu ala Rasulina Mubhammadin Sayyidul Anwalin wal Akhirin,
Madad Ya Rasulallah, Madad Ya As'habi Rasulillah, Madad Ya Mashayikhina,
Shaykh Abdullah Daghestani, Shaykh Nazim al-Haqqani. Dastur.
Tariqatunas sohba, wal khayru fil jamiyya.*

Our Holy Prophet in the Hadith Sharif gives advice saying, "I left two things for healing. One is Hijamat and the other is singeing." What is meant by singeing is burning with fire. Those who know how to burn with fire exist today but they are very few. There is no need to do it if you cannot find real ones. It has a method, spots, and not anybody can do it. One has had to have learned it from elders, from grandparents.

They are truly a cure for every normal illness. It has a spot, through the wisdom of Allah the illness stops when applied there. Allah created us in the most beautiful manner. We know very little of the human body, medicine, and the profession of a doctor. But these things are a cure. What is more important than that is Hijamat. Hijamat is done around this time. It is also a cure for every sickness. Doing Hijamat is especially a cure for high blood pressure. It is also a tradition (sunna) of our Holy Prophet (SAW). When done as a cure and believing in it, it is both a cure and one receives rewards for the sunna.

People younger than 30 years old do not need to do Hijamat, as long as they have no need and no illness. It is enough once a year for those older than 30 yeras old. And that is good during Spring and Autumn months. If a little ill, they can do it twice a year at most, in Autumn as well. However, too much bloodletting is not good. A person's body needs blood. It is wrong to do it month in and month out. It is hard for a person to produce that much blood. Anyway, what is important is to let that dirty blood and find cure. When done too much, then clean blood comes.

Shaykhs used to do it. In fact, Hadrat Grand Shaykh Abdullah Daghestani used to do it with his own hands. He was very talented and an expert. He would do it swiftly and



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quickly. He would do it showing humility and it would be a help (himma) to the brothers (ikhwan) and murids (seekers) there. It is a good method of therapy. Some physicians talk of it as being acceptable or unacceptable and recommend giving blood. It is not the same with giving blood. Giving blood is good. You can give blood when needed but it is not a therapy. Hijamat is applied to some points and dirty blood exits from those points. If you take from somewhere else, clean blood goes out. It is not good for clean blood to go out because the body needs blood. In order to be beneficial, for sure dirty blood needs to come out.

Allah taught this to people. This is little. He says, "I taught you little from knowledge." Even this is enough for humans. To those who are practising, people are entrusted to them. Let them make sure to do it in a clean, hygienic, and careful manner. This blood is filth (najasa). It was called filth based upon wisdom. If it is called filth, there is a disease and microbes in it. You need to be very careful that it does not spread from one person to another. You need to be very careful with cleanliness. It has days, times, and a how-to method. Those who apply it know this. Most important of all, it needs to not be done on Saturdays and Wednesdays. If done on these days, people would not find cure but get sick.

May Allah give cure to those who do it Inshallah. May Allah accept it.

Wa Minallah at-Tawfeeq.

Al-Fatiha.

Hadrat Shaykh Muhammad Mehmet Adil

24 May 2015, Akbaba Dargah, Sabah Namaz