



Sofbats by
Hadrat Shaykh Muhammad Mehmet Adil al-Hakkani

THE BARAKA OF THE BASMALAH

As-Salāmu ‘alaykum wa raḥmatu Llāhi.

A‘ūdhu biLlāhi mina sh-shayṭāni r-rajīm.

Waṣ-ṣalātu wa s-Salāmu ‘alā Rasūlinā Muḥammadin Sayyidi l-awwalīn wa l-āakhirīn.

Madad yā Rasūla Llāh, madad yā Sādāti Aṣḥābi Rasūli Llāh, madad yā Mashāyikhinā,

dastūr yā Shaykh ‘Abdu Llāh al-Fā’iz ad-Dāghistānī, Shaykh Muḥammad Nāẓim al-

Ḥaqqānī. Madad.

Ṭarīqatunā ṣ-ṣuḥbah wa l-khayru fi l-jam’iyyah.

Allah ‘azza wa jalla’s first order to the Prophet (SAW) was, “Iqra!” which means, “Read!” “Read in the name of Allah,” it says. Reading without this recitation is useless. There is baraka in things that are read in the name of Allah, and they bring benefit. It is necessary to start everything with the recitation of, “In the name of Allah.” When we start with the name of Allah, “*Bismi ‘Llāhi r-Raḥmāni r-Raḥīm*,” the thing you do becomes the means for something good. You start walking with the Basmalah, before you eat or drink also you say the Basmalah. When you start in the name of Allah, the ordinary food you eat turns into goodness, or an ordinary drink benefits you. It benefits both your body and spirit. Otherwise, it would not benefit you and instead would harm.

There is a story, a true story. In the past, there existed people very big and tall. One of them was a survivor after a flood and he was quite big—Allah knows how tall he was. Plenty of food was not enough for him. This is a story from Noah’s (AS) time. He would try to get everyone’s food wherever he went, but still would not feel full. Noah (AS) said to him, “Let me give you something you will be full with.” He said, “All right, give it.” Noah (AS) offered him a few crumbs of bread, and asked him to eat them after saying, “*Bismi ‘Llāhi r-Raḥmāni r-Raḥīm*.” The man replied, “No, I won’t say it.” This is because he was a non-believer. Noah (AS) said, “Say it, go ahead, you will be full.” The man insisted, “No, I won’t say it.” The more Noah (AS) insisted, the more he refused. [In the end,] Noah (AS) tricked him by asking, “What was the thing you were not going to say?” And [so] the man said, “*Bismi ‘Llāhi r-Raḥmāni r-Raḥīm*’ is what I will not say.” “Now done! Eat them!” said Noah (AS). The man ate the first crumb and the next, but could not eat

the third, because he was full! And he said that he could not put another crumb in to his mouth. Later the man got angry and said, "You did black magic on me!" and ran away.

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People now are greedy. They remember nothing about Basmalah, then greediness peaks. If we start everything with Basmalah, it will be full of baraka, beneficial. It will be enough for us and for others. This is the greatest provision. Basmalah was given to the Prophet (SAW), [and] he passed it onto his people. May the baraka of Basmalah be upon us, insha'Allah.

*Wa min Allāhi t-tanfiq,
al-Fātḥah*

Şuḥbah of Shaykh Muḥammad Mehmet 'Adil

Dated 04 February 2019 / 29 Jumādā-'l-Ūlā 1440

Akbaba Dergah, Morning Prayer