



**Sofbats by**  
**Hadrat Shaykh Muhammad Mehmet Adil al-Hakkani**

**HEART AND WORLD**

*As-Salāmu ‘alaykum wa rahmatu Llāh.*

*A‘ūdhu bi-Llāhi mina sh-Shayṭāni r-raġīm.*

*Waṣ-ṣalātu wa s-salāmu ‘alā Rasūlinā Muḥammadin Sayyidi l-Awwalīna wa l-Ākhirīn.*

*Madad yā Rasūla Llāh, madad yā Sādāti Aṣḥābi Rasūli Llāh, madad yā Mashāyikhinā,*

*dastūr yā Shaykh ‘Abdu Llāh al-Fā’iz ad-Dāghistānī, Shaykh Muḥammad Nāẓim al-*

*Ḥaqqānī. Madad.*

*Ṭarīqatunā ṣ-ṣuḥbah wa l-khayru fi l-jam‘iyyah.*

**أَلَا بِذِكْرِ اللَّهِ تَطْمَئِنُّ الْقُلُوبُ**

*Bismi Llāhi r-Raḥmāni r-Raḥīm, “Alā bi-dhikri Llāhi taṭma’innu l-qulūb?” (Qur’ān 13:28)*

“Verily, in the remembrance of Allah do hearts find rest.” The heart of one who is with Allah, remembering Allah, is always content. They are in peace. The more one indulges in this world, the more one is disturbed, and one’s heart mixed up.

*Dunyā* (world) means “low”. However much a man gives importance to this world, by just so much is he lowered. To rise higher, he should turn toward Allah. However much you turn towards Allah and remain with him, by so much are you raised and your station becomes higher, becomes high (*‘ālī*). People put the world in their hearts today, and give no place to Allah. In fact, Allah ‘azza wa jalla says, “Heaven and Earth cannot contain Me, but the heart of my believing servant contains Me.”

**[المؤمن عبدي قلب ووسعني، سمائي ولا أرضي ووسعني ما]**

Can there be a greater honor than this? People leave this honor, and put in their hearts all the bad things, [so that] the more they fill their hearts, the more they are lowered.

The world is not important. Do not put it in your heart. Let it stay outside. Let your heart be for Allah. May Allah give us this provision, this beauty, insha’Allah.

*Wa min Allāhi t-tanfiq,*

*al-Fātḥah*



Şuhbah of Shaykh Muḥammad Mehmet 'Adil

Dated 18 April 2019 / 13 Sha'ban 1440

**Sofbats by** Akbaba Dergah, Morning Prayer

**Hadrat Shaykh Muḥammad Mehmet Adil al-Hakkani**

