



Sofbats by
Hadrat Shaykh Muhammad Mehmet Adil al-Hakkani

TRAINING THE EGO

As-Salāmu ‘alaykum wa raḥmatu Llāh.

Aū’dhu bi-Llāhi mina sh-Shayṭāni r-raġīm.

Waṣ-ṣalātu wa s-salāmu ‘alā Rasūlinā Muḥammadin Sayyidi l-Awwalīna wa l-Ākhirīn.
Madad yā Rasūla Llāh, madad yā Sādāti Aṣḥābi Rasūli Llāh, madad yā Mashāyikhinā,
dastūr yā Shaykh ‘Abdu Llāh al-F’āiz ad-Dāghistānī, Shaykh Muḥammad Nāẓim al-
Ḥaqqānī. Madad.

Ṭarīqatunā ṣ-ṣuḥbah wa l-khayru fi l-jam’iyyah.

Our tariqah is based on good manners. We shall sit with good manners, and get up with good manners, and shall train ourselves so that our manners look like the Prophet’s (SAW). Let’s continue with this intention. He who follows the ego goes after dirt, nothing else. He embarrasses himself, and is afterwards not welcome in the sight of Allah. Allah knows the end: the end of the one who follows the ego is not good.

People follow their ego one-hundred percent. When they are offered more, they follow the ego even more. Actually, they are given opportunity by Allah to correct themselves, but [instead] they harm themselves, here and hereafter. No one respects the one who follows his ego—or loves him. Of course, it is only the prophets and those khalifas who followed them who trained their egos a hundred percent. Even if it is only ten percent [now], then on a daily basis we should try harder until it reaches 20% or 50%. The one who follows his ego deserves what he gets.

Because he has caused his end himself, there is no need to feel sorry for him. Since he did not realize the value of all of this generosity and goodness, when the punishment comes, he deserves it. And his punishment has come from his own hands; there is no need for anything else. No need for someone else to punish him. He punishes himself with his own hands, which can take nothing but evil from this evil soul. This is the reason why we often mention the matter of ego. Talking about it will not finish the matter, because the more opportunity the ego is given, the more it returns to its evil state. Therefore, one needs to remember:

وَذَكِّرْ فَإِنَّ الذِّكْرَ تَنْفَعُ الْمُؤْمِنِينَ

“So remind, for indeed the reminder benefits the believers,” (Qur’ān 51:55). May Allah protect us from our ego, and from the evil that comes from it, insha’Allah.

Wa min Allāhi t-tawfīq,
al-Fātihah



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Subhan of Shaykh Muhammad Mehmet 'Adil

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