



Sofbats by
Hadrat Shaykh Muhammad Mehmet Adil al-Hakkani

TO MISTREAT ONESELF

As-Salāmu ‘alaykum wa rahmatu Llāh.

Aū’dhu bi-Llāhi mina sh-Shayṭāni r-rajīm.

Waṣ-ṣalātu wa s-salāmu ‘alā Rasūlinā Muḥammadin Sayyidi l-Awwalīna wa l-Ākhirīn.

Madad yā Rasūla Llāh, madad yā Sādāti Aṣḥābi Rasūli Llāh, madad yā Mashāyikhinā,

dastūr yā Shaykh ‘Abdu Llāh al-F ‘āiz ad-Dāghistānī, Shaykh Muḥammad Nāẓim al-

Ḥaqqānī. Madad.

Ṭarīqatunā ṣ-ṣuḥbah wa l-khayru fi l-jam’iyyah.

Allah ‘azza wa jalla says: (*Aū’dhu biLlāhi mina sh-shayṭāni r-rajīm. Bismi Llāhi r-Raḥmāni r-Raḥīm*)

ظَلَمْنَاهُمْ وَلَكِنْ كَانُوا أَنْفُسَهُمْ يَظْلِمُونَ وَمَا

“*Wa mā ḡalamnāhum wa lākin kānū anfusahum yaḡlimūn*” (Qur’ān 16:118) “We do not mistreat (lit. “do *ḡulm* to”) anyone. Mistreating people, their souls’ self-oppression, Allah does not persecute anyone.” Whatever happens on earth is due to what people do with their own hands, because of their bad habits, bad morals, bad deeds. All the curse, calamity happens to them for these reasons.

This [life] is not important; the Next Life is important. It will not be good for them Next Life, so they are mistreating themselves. Allah is merciful. He does not inflict mistreatment on anyone, Allah forbids mistreatment. There have been great prophets, 124,000 of them, and every era has awliya and suitable scholars. Allah ‘azza wa jalla sent every one of them as a mercy. Their being among the people is from the mercy of Allah. But people do bad, and then they think they will find good.

Doing wrong or bad—wrong doing cannot count as a good deed. Not only does it not bring good, but also his business in this life will not go well, and in Next Life (may Allah protect!), he may enter hell. So inflicting harm is not a good thing. Mistreatment is a darkness, a gloom! Do not abuse! Allah ‘azza wa jalla says, “Do not torture your self.” Allah ‘azza wa jalla does not like mistreatment, does not want people to mistreat each other, however people themselves are the ones who do this to themselves. May Allah protect us, insha’Allah!

Wa min Allāhi t-tawfīq,
al-Fātiḥah



Sofbats by

Hadrat Shaykh Muhammad Mehmet 'Adil

Sulḥan of Shaykh Muhammad Mehmet 'Adil

Dated 18 July 2019 / 15 Dhū l-Qa'dab 1440

Akbaba Dergah, Morning Prayer