



Sofbats by
Hadrat Shaykh Muhammad Mehmet Adil al-Hakkani

WORRYING ABOUT PROVISION

As-Salāmu ʿalaykum wa raḥmatu Llāh.

Aūdhu bi-Llāhi mina sh-Shayṭāni r-raġīm.

Waṣ-ṣalātu wa s-salāmu ʿalā Rasūlinā Muḥammadin Sayyidi l-Awwalīna wa l-Ākhirīn.

Madad yā Rasūla Llāh, madad yā Sādāti Aṣḥābi Rasūli Llāh, madad yā Mashāyikhinā,

dastūr yā Shaykh ʿAbdu Llāh al-Fʿāiz ad-Dāghistānī, Shaykh Muḥammad Nāẓim al-

Ḥaqqānī. Madad.

Ṭarīqatunā ṣ-ṣuḥbah wa l-khayru fi l-jamʿiyyah.

The Prophet Muhammed (SAW), “If Allah is trusted as He deserves and without question, He sends provision.” In the morning, with empty stomachs birds look for their provision, and later in the evening with full stomachs they return. They trust Allah and find their provision; Allah gives.

People of today do not depend upon Allah in order to find their provision, but think rather, “How am I going to do this? What am I going to do?” and then they stress themselves out. This makes their case much worse. After trusting Allah, one feels relaxed, and does not become stressed. This trust is more important than the provision. Allah is ar-Razzaq (the Provisioner). One ought to trust Him. Allah gives everyone his provision. If you have provision, you can stay alive; if not, even though whole world be yours, you cannot survive.

Therefore it is necessary to plead to Allah with trust, so that Allah might not keep us away from faith. The stronger our faith is, the more trust we have for Allah. Those who do not trust Allah are those who obey their ego’s desires. Their desires do not do them good but evil. Everything is in the hands of Allah. Allah gives comfort or suffering. Those who trust find comfort—those who do not obey their desires. Cravings cause suffering, and at all times one finds oneself bothered. May Allah keep our faith strong—this is the most important thing.

In order to put your trust in Allah, you need strong faith. Allah has given thought, reason and idea. When one thinks, “With so many millions of people, maybe I won’t get any sustenance.” That is it! When a person is not provided for, he cannot live. [But] you’ve got your sustenance! That’s how you are still alive! May Allah show the meanings of things and have people understand rationally, insha’Allah. Because once Allah takes his



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understanding away, he cannot comprehend, and then finds himself suffering. May Allah give everyone comfort. May they live in Islam through the khayr of iman—otherwise, it cannot be called living.

*Wa min Allāhi t-tawfīq,
al-Fātiḥah*

Şuḥbah of Shaykh Muḥammad Mehmet 'Adil
Dated 30 November 2019 / 03 Rabī'u l-Akḥir 1441
Akbaba Dergah, Morning Prayer