



Sofbats by
Hadrat Shaykh Muhammad Mehmet Adil al-Hakkani

MAKE YOUR FORCED KHALWA A BLESSING

As-Salāmu ‘alaykum wa raḥmatu Llāh.

Aūdhu bi-Llāhi mina sh-Shayṭāni r-rajīm.

Waṣ-ṣalātu wa s-salāmu ‘alā Rasūlinā Muḥammadin Sayyidi l-Awwalīna wa l-Ākhirīn.

Madad yā Rasūla Llāh, madad yā Sādāti Aṣḥābi Rasūli Llāh, madad yā Mashāyikhinā,

dastūr yā Shaykh ‘Abdu Llāh al-F’āiz ad-Dāghistānī, Shaykh Muḥammad Nāẓim al-

Ḥaqqānī. Madad.

Ṭarīqatunā ṣ-ṣuḥbah wa l-khayru fi l-jam ‘yyah.

Aūdhu biLlāhi mina sh-shayṭāni r-rajīm. Bismi Llāhi r-Raḥmāni r-Raḥīm. “Wa mā khalqtanā-l-jinna wa-l-insa illā li-ya‘budūn” (Qur’ān 51:56). Allah created jinn and mankind to worship Him. Allah ‘azza wa jalla says, “I do not ask of them provision, but they are created to worship to me.” We recently passed through the month of Rajab, and now we are in the month of Shaban. These are [amongst] the holy three months.

This year there happened to be an opportunity for people not go to work. There is [even] an order put on them not to go to work but to stay home. What should one do while home? We should at least live up to the reason for which Allah created us, and this obliges us to carry out our daily practices of worship. Normally these [months] are for khalwa, [but] it is now an obliged seclusion (*khalwah*) for everyone so that they do not go out. There is good in bad. For us this happened to be an opportunity to stay home, and yet most people spend this time in vain. They trouble themselves, whereas in fact, the purpose of our creation was to make an effort to worship. As far as work outside home for our provision, we are to ask for halal earnings, [the working for] which is considered an act of worship coming from a good intention. But since we all are now obliged to stay home, let’s take care of our daily [worship] practices, [too]. This what Allah approves and likes.

We should take care to do this consciously and with attention. Do as much daily practice as you can, such as reading the Holy Quran, the *Dala’il ul-Khayrat*, looking into the hadith. Do as much as possible of every practice of worship. Do your tasbehat dhikr and salawat. Organize it all and do a certain amount in the morning, some at noon. Tell yourself that this much time you will allocate to the mornings or afternoons for reading a certain amount, that you will get up for tahajjud, will pray the fajr before sunrise, and so forth. Make a great effort to fulfill your daily practice routine in the best way possible. Do not be

idle. Too much idleness is not good. It will cause bad moods and will bother you. Acts of worship will sort all these out, cause goodness, and make you [usefully] busy. We are fulfilling the purpose of our creation and not standing idle. It is important

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not to waste [our time], so have it pass in a fully meaningful way, insha'Allah. Your reward is more if a bit of suffering is required, and that is even the case during these three holy months. Allah normally rewards 10 times to 1, but during these months it is multiplied by hundreds, too. This is an opportunity to make the most of it, which is something good for you and your Akhirah. May Allah accept it. May Allah protect us. May His provision be lasting. The greatest provision is faith.

*Wa min Allāhi t-tawfīq,
al-Fātiḥah*

Şuhbah of Shaykh Muḥammad Mehmet 'Adil

Dated 31 March 2020 / 07 Sha'bān 1441

Akbaba Dergah, Morning Prayer