



Sofibats by
Hadrat Shaykh Muhammad Mehmet Adil al-Hakkani

DO TASBEEH

As-Salāmu ‘alaykum wa raḥmatu Llāh.

Aū’dhu bi-Llāhi mina sh-Shayṭāni r-rajīm.

Waṣ-ṣalātu wa s-salāmu ‘alā Rasūlinā Muḥammadin Sayyidi l-Awwalīna wa l-Ākhirīn.

Madad yā Rasūla Llāh, madad yā Sādāti Aṣḥābi Rasūli Llāh, madad yā Mashāyikhinā,

dastūr yā Shaykh ‘Abdu Llāh al-F ‘āiz ad-Dāghistānī, Shaykh Muḥammad Nāẓim al-

Ḥaqqānī. Madad.

Ṭarīqatunā ṣ-ṣuḥbah wa l-khayru fi l-jam’iyyah.

Stay close to Allah so that you find relief. Allah ‘azza wa jalla shows mercy to these days, shows mercy to the universe (‘*alam*), but man is an oppressor. Allah does not oppress. Allah gave knowledge to mankind. (*Aū’dhu biLlāhi mina sh-shayṭāni r-rajīm. Bismi Llāhi r-Rahmāni r-Rahīm.*) “‘*Alama l-insāna mā lam ya‘lam*’ (Qur’ān 96:5). He receives truth through knowledge and acts upon it. On the other hand, knowledge that does not recognize Allah is not knowledge. Allah ‘azza wa jalla gave us things that remove suffering such as tasbeehat, dhikr, and prayers. Thanks be to Allah there is a pillar to lean on for a mu’min. He is not in idleness. Those without faith are in idleness. When one is faithless, he is confused. He hits left; he hits right. To no avail he attacks every direction. The mu’min trusts in Allah, relies on Allah, and asks from Allah.

Allah gives ease and relief. So there are these things which help a mu’min when he does them. The best one among them is, as Mawlana Sheikh Nazim (QS) used to say too, “*Ḥasbuna’Llabu wa-ni‘ma l-wakīl*”, and this can be recited a hundred times or three hundred—as much as you are capable of doing. We rely on Allah, ask from Allah. He is sufficient for us. “*Ni‘ma l-Mawlā wa-ni‘ma n-nasīr*”—There cannot be a better owner than He is. He is the best of helpers. “*Ḥasbuna’Llabu wa-ni‘ma l-wakīl, ni‘ma l-Mawlā wa-ni‘ma n-nasīr*”—there is no need for another tasbih, or any stronger tasbih, than this one. Of course there are other tasbeehat too, but this one is especially for during calamities. Allah ‘azza wa jalla bought this to the Holy Prophet (SAW) so as to lift off such situations. The Holy Prophet (SAW) passed it on to us. There is benefit in practicing this. It protects, brings relief, and difficult situations are then removed and finished. Recite it many times. Also recommend it to others so that they too are in relief, because they are in idleness also. Satan

rides those who are in idleness. Continue in doing tasbeeh so that nothing is not wasted. This is the month of the Holy Prophet (SAW), [so] plenty of salawat should

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be recited too, and this becomes the means for your prayers to be accepted. May Allah give strength to our faith.

*Wa min Allāhi t-tawfīq,
al-Fātiḥah*

Şuḥbah of Shaykh Muḥammad Mehmet ‘Adil

Dated 14 April 2020 / 21 Sha‘bān 1441

Akbaba Dergah, Morning Prayer