



Sofbats by
Hadrat Shaykh Muhammad Mehmet Adil al-Hakkani

TAQWA AND EGO

As-Salāmu ‘alaykum wa rahmatu Llāh.

Aū‘dhu bi-Llāhi mina sh-Shayṭāni r-raġīm. Bismi Llāhi r-Raĥmāni r-Raĥīm.

Waṣ-ṣalātu wa s-salāmu ‘alā Rasūlinā Muḥammadin Sayyidi l-Awwalīna wa l-Ākhirīn.

Madad yā Rasūla Llāh, madad yā Sādāti Aṣḥābi Rasūli Llāh, madad yā Mashāyikhinā, dastūr yā Shaykh ‘Abdu Llāh al-Fāiz ad-Dāghistānī, Shaykh Muḥammad Nāẓim al-

Ḥaqqānī. Madad.

Ṭarīqatunā ṣ-ṣuḥbah wa l-khayru fi l-jam‘iyyah.

A’udhu bi-Llāhi mina sh-shayṭāni r-raġīm. Bismi Llāhi r-Raĥmāni r-Raĥīm.

أَنَّ اللَّهَ مَعَ الْمُتَّقِينَ

Allah ‘azza wa jalla says, “*Anna Llāba ma’a l-muttaqīn*” (Qur’ān 9:123). “Allah is with those wary of Him.” Taqwa, godwariness, is to be aware of Allah, to have fear of, and to shy away from, Him. This is because Allah Almighty orders goodness and abstention from evil. This is because He prohibits evil. After one commits evil, one is afraid of Allah. If not, then it can be assumed that you have obeyed your ego. One who obeys his ego is the one who has no fear of Allah. There is a saying, “He does not have fear of Allah, and he has no shame in front of people.”

That means that taqwa means goodness, and to leave taqwa means evil. This [taqwa] is what people need. Now Shaytan does not want this. He tells us to be afraid of everything except Allah! Yet Allah Almighty is “Malik ul-Mulk”, the owner of everything. He is the One who provides all. We need to ask Him, to make [our] requests of Him. Otherwise, no one will be able to help you, if Allah does not.

Insh’Allah these people will come to their senses, but people obey their egos, and the thing the ego most does not want is godwariness. taqwa. When you are to consume haram, taqwa does not let you. When you are about to do evil, it does not let you. It does not order anything other than what is good. The ego desires evil and nothing else. Once submitted to ego, it is wrong for one to think that one day it will be fed and full— there is

no such thing! The ego is always hungry. You ought to protect and train the ego, so that it becomes helpful to you, for otherwise it harms you.

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May Allah make us amongst those who have taqwa, among those who are on His path. May we always be in fear of Him, insha'Allah. May Allah strengthen our faith, and then everything will be beautiful, insha'Allah. It [i.e., the ego] does not bring goodness to you, but rather brings evil purposely.

*Wa min Allāhi t-tawfīq,
al-Fātiḥah*

Şuḥbah of Shaykh Muḥammad Mehmet 'Adil

Dated 01 June 2020 / 09 Shawwāl 1441

Akbaba Dergah, Morning Prayer