



Sofbats by  
**Hadrat Shaykh Muhammad Mehmet Adil al-Hakkani**

THE MIDDLE PRAYER

*As-Salāmu ‘alaykum wa rahmatu Llāh.*

*Aū‘dhu bi-Llāhi mina sh-Shayṭāni r-rajīm. Bismi Llāhi r-Raḥmāni r-Raḥīm.*

*Waṣ-ṣalātu wa s-salāmu ‘alā Rasūlinā Muḥammadin Sayyidi l-Awwalīna wa l-Ākhirīn.*

*Madad yā Rasūla Llāh, madad yā Sādāti Aṣḥābi Rasūli Llāh, madad yā Mashāyikhinā,  
dastūr yā Shaykh ‘Abdu Llāh al-Fāiz ad-Dāghistānī, Shaykh Muḥammad Nāẓim al-*

*Ḥaqqānī. Madad.*

*Ṭarīqatunā ṣ-ṣuḥbah wa l-khayru fi l-jam‘iyyah.*

*A‘ūdhu bi-Llāhi mina sh-shayṭāni r-rajīm. Bismi Llāhi r-Raḥmāni r-Raḥīm. ‘Ḥāfiẓun ‘alā ṣ-ṣalwāt wa aṣ-ṣalāti l-wuṣṭā wa qūmū li-Llāhi qānitīn* (Qur’ān 2:238) (“Keep your salawat and your middle salat and stand before Allah devoutly obedient.”) In the holy verse Allah almighty states, “Keep your prayers—especially the middle prayer.” Scholars have discussed which one was meant and the majority have agreed that it is the fajr prayer. Some say it is asr, at mid-afternoon, but what is hard is the fajr morning prayer, to wake up in the morning and pray at that time. That is the difficult prayer. “*Aṣ-ṣalāti l-wuṣṭā*”, as it is called in the ayah, means “the middle prayer”.

Allah says to stand and bow to Him, to nothing other than Him. Salah helps those who pray, especially those who pray the fajr prayer. Because it is more difficult, its rewards are also that much more, and its blessing is much more. Everything is fortunate during the day. Salah is important. There is no need to ignore prayers with excuses such as, “I had something to do. I could not perform salah.” They say, “I supplicate and make dua, etc.” No, none of these can replace the salah. It is ordered by Allah. He commands us to pray, and always reminds us to pray.

It is of no use to Allah; the benefit of it is for us, for people. Whether it is salah or another act of worship, all are for our good. It is the salah that is the hardest for the ego. They are baffled over how to perform it daily. They want to run away from it, and not do it. Some others try to run away from the sunnah prayers. But the sunnah is also for your benefit; it is not at all a harm to you.

So Allah gave us this blessed favor, yet people do not recognize the value of this favor. They either do it reluctantly, or they just do not perform it [at all]. They come to



end of their lives without salah, though they will be sorry in the hereafter. They will answer for it. What is worse [even] than the punishment of not praying is the shame of omitting it in front of Allah Almighty. The punishment and the suffering they will go through will not be comparable to just being sorry for not having done it in this world. The shame of not doing it and of foregoing all the treasure that they could have gained—that is much heavier. They will realize that they walked on earth uselessly and wasted

their time. That is more difficult. So may Allah help us, and give guidance to those who do not perform it, so that they too will benefit from these treasures. May our faith be strengthened, insha'Allah.

*Wa min Allāhi t-tawfīq,  
al-Fātiḥah*

Şuḥbah of Shaykh Muḥammad Mehmet 'Adil

*Dated 11 June 2020 / 17 Shawwāl 1441*

*Akbaba Dergah, Morning Prayer*