



Sofbats by
Hadrat Shaykh Muhammad Mehmet Adil al-Hakkani

BEING CONSUMED

As-Salāmu ‘alaykum wa rahmatu Llāh.

Aūdhu bi-Llāhi mina sh-Shayṭāni r-raġīm. Bismi Llāhi r-Raĥmāni r-Raĥīm.

Waṣ-ṣalātu wa s-salāmu ‘alā Rasūlinā Muḥammadin Sayyidi l-Awwalīna wa l-Ākhirīn.

Madad yā Rasūla Llāh, madad yā Sādāti Aṣḥābi Rasūli Llāh, madad yā Mashāyikhinā, dastūr yā Shaykh ‘Abdu Llāh al-F ‘āiz ad-Dāghistānī, Shaykh Muḥammad Nāẓim al-

Ḥaqqānī. Madad.

Ṭarīqatunā ṣ-ṣuḥbah wa l-khayru fi l-jam ‘iyyah.

Bismi Llāhi r-Raĥmāni r-Raĥīm:

وَإِنْ مَسَّهُ الشَّرُّ فَيَوْسُقْنُوْطُ

“Wa-in massahu sh-sharru faya’sun qanūt” (Qur’ān 41:49), says Allah ‘azza wa jalla. What is the meaning of this today? I think it just came out, now there is such a thing as burnout among people. What does exhausted mean? So he doesn't enjoy anything anymore, he is miserable, in a state of mind, he has no hope, nothing.

This happens more with unfaithful, unbelieving people. Because he doesn't want anything anymore. He does not think of the Hereafter. There is no prayer, no supplication, nothing. They think the world is a paradise. When something happens, when there is a jolt, “I am over.” It feels like I am exhausted. He hurts himself. But in Islam, there is annihilation (*fanā*) in the essence of Allah, there is annihilation of ourselves, not exhaustion. It is necessary to annihilate ourselves, not to exhaust ourselves. [Otherwise,] you are exhausted, finished—that is the difference.

For this reason, those who live for the world are exhausted, and fall into all kinds of troubles, because they have nothing in them that endures. They have no faith in anything. Their beliefs are in this world, in work, in power. Especially these days, this year, the whole world has been in trouble for those people. The world, however, is not a paradise. The world is a place of testing. Sometimes it happens to one person, sometimes it happens to the nation, and sometimes, as now, it happens to the whole world. You should not trust

the world. You should trust Allah. If you connect to a firm place, you will be comfortable, and it will benefit you. Otherwise, one will suffer in vain and will not be of any use.

Sofbats by

Turn to Allah so that we can annihilate our soul in Allah, and then I hope we can relax. May God protect us. Sometimes the same happens to people who believe. It rubs on us from them too, so we should right ourselves. There is Allah, and Allah does not change,

does not disappear. He is eternal and everlasting. The world is not permanent. So may Allah protect us. People should not fall into gloom and exhaustion, but should take shelter in Allah.

*Wa min Allāhi t-tawfīq,
al-Fātiḥah*

Şuḥbah of Shaykh Muḥammad Mehmet 'Adil

Dated 07 September 2020 / 19 Muḥarram 1442

Akbaba Dergah, Morning Prayer