



Sofibats by
Hadrat Shaykh Muhammad Mehmet Adil al-Hakkani

MERCY THAT DOES NOT DESCEND

As-Salāmu ‘alaykum wa raḥmatu Llāh.

Aū‘dhu bi-Llāhi mina sh-Shayṭāni r-rajīm. Bismi Llāhi r-Raḥmāni r-Raḥīm.

Waṣ-ṣalātu wa s-salāmu ‘alā Rasūlinā Muḥammadin Sayyidi l-Anwālina wa l-Ākhirīn.

Madad yā Rasūla Llāh, madad yā Sādati Aṣḥābi Rasūli Llāh, madad yā Mashāyikhinā, dastūr yā

Shaykh ‘Abdu Llāh al-F’āiz ad-Dāghistānī, Shaykh Muḥammad Nāẓim al-Ḥaqqānī. Madad.

Ṭarīqatunā ṣ-ṣuḥbah wa l-khayru fi l-jam’iyyah.

Allah ‘azza wa jalla created everything beautifully, gave us time [itself] and gave everything its [own] time. Every time has a different feature. Winter has a feature, a benefit, and there is another benefit in springtime, and another benefit in summer, another in autumn, and even from one month to another the special features and benefit changes. Allah ‘azza wa jalla gave sustenance for everything according to its season. What does it do? What is beneficial to man? He gave those things that season.

Now people talk without thinking and say that the weather is fine. The weather is nice in spring, [and yet] cold and rainy weather is nice in winter. But people find this or that air beautiful according to their own tastes. Of course, this cannot interfere with the will of Allah, but what Allah normally gives to this season now is for it to be cold and rainy. Allah's work is not interfered with, and this means that this [will] is what is right for the people present. People rejoice when the weather is nice and sunny, but it is sunny in summer. It is the same for these countries in winter, but it may be in other countries that Allah ‘azza wa jalla made them summer all year. Winter in our country must be cold and rainy.

Climate happens with the grace (*luṭf*) of Allah, and when it does not, that means there is something Allah does not want and does not like; it means that Allah did not send His mercy. In the past, they used to call rain a mercy, and would say, “Mercy is raining.” Snow is more abundant [in mercy], and it brings down the blessings of Allah, angels descending with every snowflake and it stays on the ground with their blessings. Foolish people also rejoice, saying “It's sunny, daily sunshine. How beautiful it is!” Allah ‘azza wa jalla also gives food according to the season. Allah has given every season foods that are what the human body needs to eat [then].

There are all kinds of summer vegetables and fruits, and they are eaten in summer. They benefit and strengthen the body. It is the same with winter. Of course, this is no

longer the case, and people eat summer vegetables and fruits in winter. However, in the past, there were not many vegetables, but even so, there were pulses, and there was the tomato paste they had made during the summer. There was tarhana, and so

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on. Things made from the blessings of summer benefit people, give strength, give immunity, strengthen the body, protect against diseases. They are eaten against all kinds of difficulties.

Now you are looking, and this disease has appeared, and they say the nation has no immunity. Of course there is no immunity, because what people eat is of no use, like water. Water is actually more useful. Yet even in water they have not left its benefits, but rather filter them in factories and have people drink it that way without anything [healthy] left. So all kinds of things are like that. After that the wonder, "Why are these people getting sick suddenly? What shall we do? What shall we do?" No matter how much you can, you should turn to Allah and ask Him for help, because no one can change this in this season, neither America, nor Russia, nor the strongest countries in the world. No one should try to interfere with the seasons. They have gotten involved in everything, but they can't manage it.

The kuffar are trying to do this too, and want [even] to cancel the sun. [Perhaps Shaykh Efendi is referring to a recent suggestion that we try to block some of the sun rays from reaching earth so as to reduce global warming. -Ed] I mean, it's nonsense, but the unbeliever always looks for his own interests and doesn't care [even] if the whole world burns. May Allah help. May Allah protect us. As we said, Mawlana Sheikh Nazim (QS) would also say, "Eat the vegetables in their season." [Or] it might be fruit. Of course, they come forth again in their particular season, rather than in another, but they can endure by hiding here and there. In the past, we used to store watermelons in the straw, and people kept apples. This practice is alright, but it doesn't really benefit when vegetables are not in season.

People have forgotten most things. They eat some particular thing and nothing else. There eat just a few kinds of vegetables, whereas there are dozens of edible vegetables to eat, but most do not eat them. They eat two or three kinds, and do not look at the rest. They say, "We cannot eat." If you cannot eat it, then you will get sick, and your immunity will no longer exist. May Allah protect. May Allah give intellect to humanity, so that they return to Allah and find the right way, insha'Allah. Returning to Allah is happiness both in this world and in the Hereafter.

Wa min Allāhi t-tanfīq,

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al-Fatihah



Sohbats by

Shuhbah of Shaykh Muhammad Mehmet 'Adil

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Akbaba Dergah, Morning Prayer