

In the name of God, the Most Gracious, the Most Merciful

#Sohbet

11/02/2021

Partial Khalwa

“From the things that need to be done in the beginning of the three holy months that start in Rajab, for those who are asking, there is the Khalwa (Spiritual seclusion). The Khalwa is for 40 days, it starts from the beginning [of Rajab] and goes until the tenth of Sha'ban. That is a true seclusion where you sit somewhere and don't leave that place. There's no permission for Khalwa now. Some people say: “We're sitting doing nothing, we can do it.” You can do it but it doesn't work without permission. When you do it without permission it is of no use, but of harm instead. Everybody in Tariqa needs to do a Khalwa at least once. And now you can do it as a partial Khalwa, whether from Tahajjud to Ishraq or from Asr to Isha time. Those who want to do it can do this, there is permission for this. As for the other Khalwa, nowadays there's no permission for it. During the time of Shaykh Nazim ق, there was no permission for years and then he gave permission a few times. He gave permission to Shaykh Adnan to do it more than 20 times. At that time there was permission but now there is no permission. Also, we see the state of affairs of the world, there are no people that can fully do it. Even if it is fully done, it is not useful when there's no permission. They say we can do it, well you can do it in your own state and you would be doing it for your own ego (nafs). Essentially you would be doing it for nothing and in vain, and then it will also harm you. Allah ﷻ says:

‘وَلَا تُلْقُوا بِأَيْدِيكُمْ إِلَى التَّهْلُكِ وَأَلَا تَأْتُونَ بِلَا إِلَهَ إِلَّا هُوَ ’, ‘And do not throw [yourselves] with your [own] hands into destruction [by refraining]’, (Qur’ān 02:195).

This partial seclusion that is to be done is counted in place of the full seclusion, this is what Shaykh Nazim ق last told us. He also said that all brothers will do it in the end

and we will all be going to the hereafter having done it. Those who do not do it [in this world], they will make them do it in the grave. People of Tariqa do the Khalwa, however normally the intention for this Khalwa is made starting from tomorrow night until the tenth of Sha'ban, that intention is valid and a person would be doing the seclusion. May Allah ﷻ accept it. The things that need to be done are the Tasbihat, Quran, Salawat, Dala'il al-Khayrat, prayers, and any missed prayer. So it is supposed to be spent in worship. May Allah ﷻ help us. May these Khalwat be a power for Islam and Muslims. May it be strength for their faith insha'Allah. May it be a victory against shaytan and those helpers of shaytan, his soldiers. There are many but it doesn't matter if they're plenty, the number doesn't mean much, it has no value.”

-- Mawlana Shaykh Muhammad Adil ﷻ

#ShaykhMehmetEffendi

#NaqshbandiHaqqani

奉至仁至慈的真主之名

教导

2021/02/11

部分闭关静修

三个圣月之初需要做的事情始于热哲卜月，对于那些提出要求的人来说，有一次历时 40 天的闭关静修，从热哲卜月开始，一直持续到舍尔巴乃月的第十天。那是一次真正的隐居，你需要坐在某个地方不要离开。 目前没有静修的许可。 有人说：“我们没有其他事情可做，我们可以静修” 。但未经允许的静修没有任何作用。 当你未经许可而这样做时，它毫无用处，反而有害。托勒盖提道路的每个人一生至少闭关静修一次。现在可以做半闭关静修，时间可以从晨礼前到日出之间，也可以从晡礼到昏礼或宵礼之间。 那些想做的人都可以这样做，对此是允许的。 至于其他静修如今则没有许可。 在舍以海·纳泽姆(愿主喜悦之)时期，多年来没有任何允许，后来有几次他给予了允许。 他允许谢赫·阿德南做了 20 几次静修。 当时有允许做但现在不允许。 另外，如今我们看到世界的状况，没有人能完全做到这一点，即使能做到，但在没有允许的情况下也没有用。 他们说我们可以做到，那么你可以在自己的状态下做到这一点，而你在为自己的自我私欲做这件事。 从本质上讲，你做这些事情都是徒劳无益的，这也会对你造成伤害。 安拉乎说：“你们不要自投

于灭亡”（古兰经 2:195）。

这种半闭关静修可以算做完全静修，这就是舍以海·纳泽穆（愿主喜悦之）最后告诉我们的。他还说，所有兄弟最终都要做这样的静修，那些在今世不这样做的人，他们在坟墓中也要这样做。托勒盖提功修之人要闭关静修，通常举意从明天晚上开始直到舍尔巴乃月第十日。愿真主接受它。静修中的功课有念塔斯比哈，诵读古兰经，赞圣，祈祷以及还补任何失去的礼拜。因此，时间应该都用在敬拜真主上。愿真主襄助我们，愿这些静修成为伊斯兰和穆斯林的力量，愿他们的信仰更坚定，银沙安拉。希望这场与恶魔及其党羽的抗争取得胜利。它们数量很多，但没关系数量并不重要，没有任何价值。

- - 毛拉纳·舍以海·穆罕默德·阿迪尔