



**Sohbats by**  
**Hadrat Shaykh Muhammad Mehmet Adil al-Hakkani**

**SECLUSION**

*Assalamu Alaykum wa Rahmatullah wa Barakatuh,  
Auzu Billahi Minashaytanir Rajeem. Bismillahir Rahmanir Raheem,  
Wassalatu Wassalamu ala Rasulina Muhammadin Sayyidul Anwalin wal Akhirin,  
Madad Ya Rasulallah, Madad Ya As'habi RasuLillah, Madad Ya Mashayikhina,  
Shaykh Abdullah Daghestani, Shaykh Nazim al-Haqqani. Dastur.  
Tariqatunas sohba, wal khayru fil jamiyya.*

From the things that need to be done in the beginning of The Three Holy Months that start in Rajab, for those who are asking, there is the Khalwa (Spiritual seclusion). The Khalwa is for 40 days, it starts from the beginning [of Rajab] and goes until the tenth of Sha'ban. That is a true seclusion where you sit somewhere and don't leave that place. There's no permission for Khalwa (Spiritual seclusion) now. Some people say: "We're sitting doing nothing, we can do it." You can do it but it doesn't work without permission. When you do it without permission it is of no use, but of harm instead.

Everybody in Tariqa needs to do a Khalwa at least once. And now you can do it as a partial Khalwa, whether from Tahajjud to Ishraq or from Asr to Isha time. Those who want to do it can do this, there is permission for this. As for the other Khalwa, nowadays there's no permission for it. During the time of Shaykh Nazim ق, there was no permission for years and then he gave permission a few times. He gave permission to Shaykh Adnan to do it more than 20 times. At that time there was permission but now there is no permission. Also, we see the state of affairs of the world, there are no people that can fully do it. Even if it is fully done, it is not useful when there's no permission. They say we can do it, well you can do it in your own state and you would be doing it for your own ego (nafs). Essentially you would be doing it for nothing and in vain, and then it will also harm you. Allah ﷻ says: 'وَلَا تُلْقُوا بِأَيْدِيكُمْ إِلَى التَّهْلُكَةِ', 'And do not throw [yourselves] with your [own] hands into destruction [by refraining]', (Qur'an 02:195).

This partial seclusion that is to be done is counted in place of the full seclusion, this is what Shaykh Nazim ق last told us. He also said that all brothers will do it in the end and we will all be going to the hereafter having done it. Those who do not do it [in this world], they will make them do it in the grave. People of Tariqa do the Khalwa, however normally the intention for this Khalwa is made starting from tomorrow night until the tenth of Sha'ban, that intention is valid and a person would be doing the seclusion. May Allah ﷻ accept it. The things that need to be done are the Tasbehat, Quran, Salawat, Dala'il al-Khayrat, prayers, and any missed prayer. So it is supposed to be spent in worship. May Allah ﷻ help us. May these Khalwat be a power for Islam and Muslims.





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May it be strength for their faith (iman) insha'Allah. May it be a victory against shaytan and those helpers of shaytan, his soldiers. There are many but it doesn't matter if they're plenty, the number doesn't mean much, it has no value. May Allah ﷻ accept it.

Wa Minallah at-Tawfeeq. Al-Fatiha.

Hazrat Shaykh Muhammad Mehmet ar-Rabbani  
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Sabah Namaz, Akbaba Dargah